**TITLE IN CAPITAL LETTERS**

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**ABSTRACT:** This set of instructions follows the format required for the *ICHD2016 papers*.

# INTRODUCTION

Please convert your ICHD2016 paper to a PDF file and upload it before June 1st 2016. Be sure to embed the fonts when creating the PDF.

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# GENERAL REQUIREMENTS

## Abstract Format

This page is formatted in an **A4** **Standard size**. The recommendations for the margins are the following: left margin = 25 mm, right margin = 25 mm, top margin = 25 mm, and bottom margin = 25mm.

## Abstract Length

Abstracts including all figures and tables must not exceed **10 pages**.

# WORD PROCESSING

## Font Type and Size

The title, the authors and the addresses and the file text must be written in **Times New Roman font, 12 points.**

## Language

Papers must be written in English.

## Text Format

All text should be **single-spaced**. The text should be **fully right and left justified**. Main Headings and Subheadings in this sample document are already formatted to provide the required spacing.

Use **two separation lines** with the following:

* Immediately after Authors’ names and addresses

Use **one separation line** with the following:

* Immediately after paper title
* Immediately before and after equations
* Immediately before and after Tables
* Immediately before and after Figures
* Between Paragraphs

## Equations

Place equations and formulae centred in separate lines. Number Equations consecutively with the equation number placed flush to the right margin in parenthesis. Example of equation:

 (1)

# Figures AND TABLES

The number of tables and figures should be limited. Figures and Tables should be referred to in text as figures using Arabic numerals e.g. Fig. 1, Table 1 etc, in order of appearance. Captions should be bold and centred immediately below illustrations and tables. Example of caption:

**Figure 1- Caption**

# REFERENCES

References should be cited in the order in which they appear in the text and indicated with a number in square brackets in the text at the relevant point e.g. [1].

The following are examples of style:

1. Dulieu-Barton, J.M. and Quinn, S. (1988) Thermoelastic stress analysis of oblique holes in flat plates. *Int. J. of Mech. Sci*. 41, 557-546

2. Broberg, K.B. (1999) *Cracks and Fracture*. Cambridge University Press, Cambridge

3. Lesniak, J.R. and Boyce, B.R. (1994) A high speed differential thermography camera. *Proc. SEM Spring Conf. on Exp. Mechanics*, Baltimore, 491-497